



# Learn To Do By Doing

## Welcome to the Whitemouth 4-H Club

### What is 4-H?

The Whitemouth 4-H Club is a youth leadership development organization. With unique projects, club activities and beyond the club opportunities, 4-H is a proven leader in:

- Building Effective Youth Leaders
- Training Successful Speakers & communicators
- Teaching Technical, Project & Life Skills
- Bringing Families & Communities Together

• Creating Future Opportunities For Youth  
Youth are in the driver's seat with the ability to create their own path to discovery, fun and friendship in 4-H. Through the Whitemouth 4-H experience members will build the confidence and skills to take on their role as the leaders of today, and tomorrow.

### The 4-H Family

These days the family schedule can be a hectic one, forcing family members to see less and less of one another. Belonging to 4-H can change that. Being part of 4-H means that your family will have plenty of opportunities to play, work and learn together. When youth and adults work together, shared learning and the joint achievement of a common goal helps to create strong, healthy bonds. By learning alongside adults, 4-Hers become connected within their families and communities and gain a perspective that they otherwise wouldn't have. Adults can help make the 4-H year a success simply by supporting their own member(s)' project work and preparation for club activities at home. Adults can also support other members in the club setting or leaders with club activities by lending a helping hand. This can range from baking cookies for snack time to taking on the role of a leader. It's up to you! We know your family is busy, so thank-you for doing your bit to support and encourage your 4-H member(s), leaders and club.

### **Being a 4-H Member & Completing a 4-H Year Means:**

- Take the pledge
- Attending 70% of Club Activities (club meetings, events, project meet-ups)
- Participating in a Communications Activity
- Participating in the club's Community Service Activity
- Completing a Project Record Book for each project completed
- Participating in the club's project Achievement Event

**Who can join 4-H?** 4-H is open to any boy or girl ages 6 to 25, regardless of whether they live in the country, on a farm, in small towns, or large cities.

### **I pledge...**

My **HEAD** to clearer thinking,

My **HEART** to greater loyalty,

My **HANDS** to larger service,

My **HEALTH** to better living,

For my club, my community, and my country.